



Psychology

General information	
Academic subject	Systemic-Relational Models in Clinical Interventions to Support the Individual and Family
Degree course	Psychology
Academic Year	1
European Credit Transfer and Accumulation System (ECTS)	6
Language	Italian
Academic calendar (starting and ending date)	March 2023
Attendance	

Professor/ Lecturer	
Name and Surname	Semeraro Cristina; Linda Antonella Antonucci
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Telephone	
Department and address	
Virtual headquarters	Microsoft Teams
Tutoring (time and day)	Monday 9.30-11.30

Syllabus	
Learning Objectives	- Mastery of adult psychodiagnostics - Mastery of neurodevelopmental psychodiagnostics - In-depth knowledge of psychological assessment methods and of the specialists to refer to in conditions of risk or psychiatric distress - In-depth knowledge of the methodology of the clinical interview and of the various actors involved in it
Course prerequisites	None
Contents	General theory and clinical intervention models of systemic family therapy and cognitive-behavioral targeted to the individual and the family The origin and development of the clinical cognitive theory and therapy of systemic family Efficacy, aims and methods of therapy-systemic family therapy and cognitive-behavioral The therapeutic relationship Technique evaluation (of the problematic content and family dysfunction) the intervention (change of problematic content, intervention on the meta-cognitive functions) The adjustment of the therapeutic relationship
Books and bibliography	<ul style="list-style-type: none">• Siegel, D. J. (2013). La mente relazionale. Raffaello Cortina Editore.• Andolfi, M. (2015). La terapia familiare multigenerazionale. Raffaello Cortina Editore.• Cancrini, L. (2013) La Cura delle Infanzie Infelici. Raffaello Cortina Editore.
Additional materials	

Work schedule			
Total	Lectures	Hands on (Laboratory, working groups, seminars, field trips)	Out-of-class study hours/ Self-study hours

Hours			
ECTS			
Teaching strategy			
Expected learning outcomes			
Knowledge and understanding on:		<ul style="list-style-type: none"> ○ The students will acquire advanced theoretical knowledge and specific operational skills to address the study and analysis of the epistemological, methodological and procedural foundations of the clinical psychology applied to the individual and the family. Each learner must reach a thorough knowledge and understanding of the main basic constructs of the discipline, with reference to the research methods and clinical-therapeutic intervention techniques to support the development processes (clinical interview, clinical case-work, observation, assessment, diagnosis, clinical intervention programs, etc.). More specifically, the students have also to acquire specific knowledge about the clinical-psychological processes that produce normal and pathological development, showing the ability to understand the outcomes of the dysfunctionality of early relationships in structuring the individual and family development processes. 	
Applying knowledge and understanding on:		<ul style="list-style-type: none"> ○ The students will acquire the necessary skills for the application of the learned constructs to the analysis of clinical cases, highlighting the ability to interconnect the level of theoretical and methodological knowledge acquisition to the practical and empirical level, related to the capacity to make a diagnosis, to carry out a proper case analysis, to structure specific therapeutic interventions. The learners will therefore gain a specific understanding applied to the proposed study's objects, through the critical revision of the contents transmitted during the lectures, seminars and practical-interactive activities that will be organized, and through the study of texts and materials that will be provided by the teacher. 	
Soft skills		<p><i>Making informed judgments and choices</i></p> <p>The students have to acquire the ability to use skills and practical experiences to draw their own conclusions in the evaluation of clinical cases and situations that have a relevant interest for the development clinical-psychology. The course aims to provide the tools to achieve autonomy in making judgment, aimed at building models of reading, analysis and interpretation of the developmental clinical psychology issues. The learners should therefore be able to make judgments and decisions based on the research results and on the techniques put in place for the resolution of complex cases.</p>	

	<p><i>Communicating knowledge and understanding</i></p> <p>The students will acquire the ability to communicate knowledge and personal conclusions regarding the evaluation of clinical cases and situations that have a relevant interest for the development clinical-psychology. They must also demonstrate adequate skills in order to use the tools for the communication and the management of clinical data (construction of clinical reports, compilation of clinical observation's grid, diagnostic protocols, etc.). The Learners will also acquire the ability to present and argue the interpretative hypotheses on clinical cases, demonstrating competence in improving procedures and treatments oriented to achieve specific objectives in relation to other clinical and psychological interventions.</p> <p><i>Capacities to continue learning</i></p> <p>typical problems of adult clinical psychology, through the analysis of specific clinical cases. The students must demonstrate, therefore, the achievement of an adequate learning skill, considered both as maintenance and development of knowledge imparted during the course's lectures, both as an autonomous study and acquisition of additional knowledge and theoretical and methodological skills for the psychological work.</p>
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Assessment and feedback	
Methods of assessment	The course involves the use of lectures and experiential-interactive and participatory methodologies: group work, discussion of clinical cases in small and large groups, role-playing, workshops, laboratories, providing the possible involvement of professional experts for the practical presentation of the different intervention techniques in the field of adult and family clinical psychology.
Evaluation criteria	<ul style="list-style-type: none"> • <i>Knowledge and understanding</i> Knowledge of the different approaches to psychology clinic and their main theoretical concepts methodological. • <i>Applying knowledge and understanding</i> Knowledge and understanding of the categories diagnostics according to DSM V, application capabilities of such knowledge during clinical case simulations • <i>Autonomy of judgment</i> Behavior observation skills of the individual in contexts of daily life and in contexts of clinical interview. Ability to understanding the individual's life history of the emergence of specific psychopathological symptoms moments of life within that story. • <i>Communicating knowledge and understanding</i> Ability of communicating effectively with all the various specialists involved in situations of taking charge of risk or psychiatric distress. • <i>Communication skills</i> Mastery of the terminology of clinical psychology - both of its knowledge and of its use • <i>Capacities to continue learning</i> Ability to understand clinical psychology texts and clinical cases that support the ability to develop personal interests and insights in this area.
Criteria for assessment and attribution of the final mark	The exam will be oral unless the number of students taking the exam is higher than 10, in which case the exam will be written. Two written exemptions will be provided for attending students, over the course duration, which will replace the final exam.
Additional information	