General Information	Studies in	
	NUTRITION SCIENCE FOR HUMAN HEALTH	
Title of the subject	Biochemistry and Biochemical-clinical Analysis	
Degree Course (class)	Nutrition Science for Human Health	
ECTS credits	6	
Compulsory attendance	No	
Language	Italian	

Subject Teacher			
Name and Surname	Pasquale Scarcia		
email address	pasquale.scarcia@uniba.it		
Place and time of reception	Campus in Via E. Orabona, 4 – Pharmacy build. 1st floor, room 214/A		
	Tuesday: 11.00 - 13.00; Thursday: 15.00 - 17.00		
ECTS credits details	Discipline sector (SSD)	Area	
	Clinical Biochemistry and Clinical	Characterizing	
	Molecular Biology (BIO/12)		

Study plan schedule	Year of	study plan	Semester	
	first		second	
Time management	Lessons	Laboratory	Exercises	Total
CFU	5	1		6
Total hours	40	12		62
In-class study hours				
Out-of-class study hours	85	13		98

Syllabus	
Prerequisites / Requirements	- Basic knowledge of Physics, Chemistry, Organic chemistry,
	Biochemistry, Anatomy, Human physiology.
Expected lear	ning outcomes (according to Dublin descriptors)
Knowledge and understanding	- Students will acquire integrated skills in the biological disciplines
	with reference to the bio-clinical sector. They will also acquire
	advanced scientific training in the biochemical-clinical field and will
	be able to use innovative analysis techniques and methodologies in
	the bio-health.
Applying knowledge	- Graduate students will be able to apply the acquired knowledge
	and understanding skills in a highly professional manner to the
	various relevant work fields. They will have a solid scientific
	background in techniques and methodologies for clinical
	biochemical applications in the biomedical, nutrition, research, and

	health sectors. Graduate students will also be able to design and			
	support reasoning that allow the resolution of problems relating to			
	their field of study. These skills will be stimulated during the			
	attendance of theoretical courses and practical laboratory			
	exercises.			
Making informed judgments and	- The student must be able to critically collect and evaluate clinical			
Making informed judgments and	· ·			
choices	data, formulate hypothesis and independently search for related			
	scientific information.			
Communicating knowledge	- Interact with other professionals involved in patient care through			
	teamwork, as well as the ability to communicate information,			
	problems and solutions inherent to the discipline to specialist and			
	non-specialist interlocutors.			
Capacities to continue learning	- The student must develop the learning skills necessary to undertake			
	the study of subsequent disciplines with a high degree of			
	autonomy.			
	Study Program			
Content	- Definition, limits and aims of clinical biochemistry.			
	<ul> <li>Methods for the collection of biological samples.</li> </ul>			
	<ul> <li>Concepts of analytical and biological variability of laboratory</li> </ul>			
	data.			
	- Reliability of clinical laboratory data.			
	<ul> <li>Main analytical techniques used in the laboratory</li> </ul>			
	<ul> <li>Electrophoretic and spectroscopic techniques.</li> </ul>			
	- Carbohydrates: Hormonal regulation of glucose metabolism.			
	- Clinical biochemistry of diabetic disease.			
	<ul> <li>Laboratory evaluation of glucose metabolism.</li> </ul>			
	- Diabetes diagnostics			
	- Diseases of glycogen storage.			
	- Lipids: Clinical biochemistry of plasma lipoproteins.			
	<ul> <li>Hyperlipoproteinemias and cardiovascular risk.</li> </ul>			
	- Electrophoresis of lipoproteins			
	<ul> <li>Methods for measuring total cholesterol and HDL and LDL</li> </ul>			
	cholesterol			
	- Dosage of triglycerides.			
	<ul> <li>Proteins: clinical biochemistry of pathologies associated with</li> </ul>			
	hyperproteinemia and hypoproteinemia. Electrophoretic			
	pattern analysis.			
	- Vitamins: biochemical functions.			
	- Weaknesses: causes and clinical manifestations.			
	<ul> <li>Liver and kidney function tests.</li> </ul>			
	<ul> <li>Laboratory diagnostics of allergic diseases</li> </ul>			
	- Metabolism and biochemistry of residues.			
	- Dioxin and dioxin-like compounds and their carcinogenicity in			
	humans.			
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	<ul> <li>Key elements in assessing the effects on human health.</li> </ul>
	<ul> <li>Risk management guidelines from dioxins and similar dioxin</li> </ul>
	compounds.
	<ul> <li>Concept of toxic equivalence (TEFs and TEQs)</li> </ul>
	<ul> <li>Basic laboratory of molecular biology</li> </ul>
Bibliography and textbooks	- "Biochimica per le discipline biomediche" J.W. Baynes M.H.
	Dominiczak - Editrice Elsevier
	- "Biochimica clinica e Medicina di Laboratorio" M. Ciaccio, G.
	Lippi - Ed EDISES
	- "Interpretazione clinica degli esami di Laboratorio" A.
	Angeloni, C. Marchese, R. Verna - Ed PICCIN
Notes to textbooks	
Teaching methods	Lectures with PowerPoint presentations.
Assessment methods	Oral exam
Evaluation criteria	<ul> <li>Knowledge and understanding</li> </ul>
	Knowledge and understanding the Biochemical-clinical Analysis
	related to the patient's nutritional status
	<ul> <li>Applying knowledge and understanding</li> </ul>
	Describe the strategies needed for the setup of clinical test
	<ul> <li>Communicating knowledge and understanding</li> </ul>
	<ul> <li>Communicating knowledge and understanding</li> <li>Capability to meaning of clinical test results.</li> </ul>
	Capability to meaning of clinical test results.
Further information	Capability to meaning of clinical test results Communication skills