

General Information	
Academic subject	SOCIAL AND HEALTH EDUCATION
Degree course	Education and Training Sciences
Curriculum	
ECTS credits	6
Compulsory attendance	No
Language	Italiano

Subject teacher	Name Surname	Mail address	SSD
	Giuseppina Caggiano	giuseppina.caggiano@uniba.it	MED/42

ECTS credits details	Disciplinary area	SSD	ECTS credits
Basic teaching activities	06/M1	MED/42	6

Class schedule	
Period	Semester I
Year	II
Type of class	Lecture- workshops

Time management	
Hours measured	1h= 60 min
In-class study hours	40
Out-of-class study hours	110

Academic calendar	
Class begins	15/10/2018
Class ends	31/01/2019

Syllabus	
Prerequisite requirements	
Expected learning outcomes	<p>The course will provide the basic tools for</p> <ul style="list-style-type: none"> • Acquire adequate knowledge of health promotion in the interests of the individual and community. • Understand the importance of a proper lifestyle to promote the state of physical, psychological and social well-being, with particular emphasis on the recovery and insertion of people with discomfort and marginality. • Know and emphasize the role of Health Education as an important prevention strategy for infectious and chronic degenerative diseases. • Understand and communicate the important role of prevention
Contents	Basic concepts of epidemiology, prevention and promotion of health
Course program	
Bibliography	<p>PRINCIPLES OF SOCIAL AND SANITARY EDUCATION. Concept of health and illness. The state of physical, psychic and social well-being. Lifestyle and health education. Causes of illness and risk factors for health. Role of the educator in perception, assessment and risk reduction.</p> <p>PREVENTION OF INFECTIVE DISEASES. Microorganisms responsible for the disease: the immune system and the vaccines.</p>

	<p>Infection sources and reservoirs; definition of carrier status. Vaccine profile, seroprofilase. Compulsory Vaccinations in Italy. Optional vaccinations. Chemoprophylaxis. Inactivation of infection sources. Sterilization, disinfection and disinfestation</p> <p>MAIN DISEASES OF COMMUNITY INTEREST. AIDS, viral hepatitis B and C, influenza, meningitis, measles, tetanus, tuberculosis. Dependence on drugs, alcohol, tobacco smoke.</p> <p>FOOD HYGIENE. Water and infectious diseases. Water hardness. Milk and infectious diseases. Methods of reclamation: pasteurization and sterilization. Food-borne diseases (viral hepatitis A, typhoid fever) and food toxins (from Salmonella, enterotoxigenic Staphylococci, Botulism).</p> <p>TRAVEL IN HEALTH. The risks associated with travel and the environment. Traveling Vaccinations.</p> <p>SENIOR. Aging of the population. Prevention of Old Age Diseases. Osteoporosis and osteoarthritis. Chronic-degenerative diseases (tumors, cardiovascular diseases, Diabetes)</p>
Notes	Barbuti S, Fara Gm, Giammanco G, Carducci A, Coniglio Ma, D'alessandro D, Montagna MT, Tanzi ML, Zotti CM: "IGIENE"– Monduzzi Editore, 2011 3 [^] Ed.
Teaching methods	Frontal lessons
Assessment methods	<ul style="list-style-type: none"> • Evaluation of learning is based on an oral interview that allows you to verify: • Appropriate acquisition of program topics • Clear exhibit capability and appropriate technical language • Ability to apply knowledge gained in professional practice
Further information	