LIVE WEBINAR | Tuesday, November 4th 2025

PHYSICAL ACTIVITY AND EXERCISE IN ONCOLOGY: THE METASTATIC CANCERS CHAPTER

MODERATORS

Dr. Valentina Natalucci, University of Milan

Dr. Alice Avancini, University of Verona

EVENT PROGRAM

14:00-14:15 OPENING SESSION

Prof. Francesco Fischetti | University of Bari "Aldo Moro"

14:15-14:30 *The burden of symptoms and the impact on physical exercise on the patient-reported outcomes*

Dr. Christian Ciurnelli | University of Verona

14:30-14:45 *Exercise on physical fitness in metastatic cancer: what evidence?*

Prof. Elisa Grazioli | University of Rome "Foro Italico"

14:45-15.00 *Meta-dinamiche Project*

Dr. Claudia Maggiore | Agostino Gemelli University Hospital Foundation - Rome

15.00-15:15 *Case study 1: Exercise to increase quality of life in patients with a single-organ involvement metastasis*

Dr. Alice Avancini | University of Verona

15.15-15:30 *Case study 2: Exercise in patients with multiple-organ involvement metastasis*

Dr. Leandro Ditali | University of Chieti-Pescara

15:30-16:15 ROUND TABLE

What is the pathway to refer patients with metastatic cancer to an exercise program?

Dr. Armando Orlandi | Fondazione Policlinico Universitario "A. Gemelli" IRCCS di Roma

Dr. Daniela Tregnago | University of Verona

Dr. Rosario Lordi | Presidente Associazione Italiana degli Specialisti dell'Esercizio Fisico

Dr. Claudia Maggiore | Agostino Gemelli University Hospital Foundation - Rome

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