



COURSE OF STUDY Attività Motorie e Sportive

ACADEMIC YEAR 2023/2024

ACADEMIC SUBJECT - Pedagogical and Psychological Sciences

General information	
Year of the course	<i>1st year</i>
Academic calendar (starting and ending date)	<i>1st term</i>
Credits (CFU/ETCS):	<i>12CFU</i>
SSD	<i>M-PSI/01; M-PSI/04; M-PED/01</i>
Language	<i>Italian</i>
Mode of attendance	<i>Not Mandatory</i>

Professor/ Lecturer	
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Department and address	<i>Cus bari lungomare starita 1/A</i>
Virtual room	<i>Codice Teams: Ocm1dm8</i>
Office Hours (and modalities: e.g., by appointment, on line, etc.)	<i>Tuesday at 12am-13</i>

Work schedule			
Hours			
Total	Lectures	Hands-on (laboratory, workshops, working groups, seminars, field trips)	Out-of-class study hours/ Self-study hours
<i>300</i>	<i>120</i>		<i>180</i>
CFU/ETCS			
<i>12</i>	<i>12</i>		

Learning Objectives
<p>At the end of the course the student must demonstrate that he has acquired:</p> <p>Knowledge and understanding: Knowledge of the theories of psychology and psychobiology of pedagogy and developmental psychology as a science applied to motor and sports activities.</p> <p>Knowledge and understanding, applied:</p> <p>Main research methods and applications to the understanding and guidance of individual and group motor behaviors.</p> <p>Judgment autonomy: Ability to independently select knowledge and correlate it to</p>



	the organization of motor behavior. Communication skills: Know how to expose analytically and critically. Ability to learn: to associate and recall content
Course prerequisites	No

Teaching strategie	Content presentation and discussion. Interactive learning. Cooperative learning.
Expected learning outcomes in terms of	
Knowledge and understanding on:	Knowledge of the theories of psychology and psychobiology as a science applied to motor and sports activities.
Applying knowledge and understanding on:	Main research methods and applications to the understanding and guidance of individual and group motor behaviors.
Soft skills	Judgment autonomy: Ability to independently select knowledge and correlate it to the organization of motor behavior. Communication skills: Know how to expose analytically and critically. Ability to learn: to associate and recall information and content
Syllabus	
Content knowledge	Main knowledge of the discipline and contextualize them to the fields of research and application. The course presents psychology, psychobiology, pedagogy and developmental psychology as a science and at the same time describes some methodological and applicative aspects. The interdisciplinary aspects of Sport and Exercise Sciences will be considered. It is therefore intended to present the functioning of the human mind and provide a knowledge of its cognitive, behavioral and emotional-emotional processes, which underlie the complexity of individual behaviors and human interactions. -Psychology Psychobiology Pedagogy and Developmental Psychology as science, methods; --Psychology and Psychobiology Pedagogy and Psychology of the Development of: sensation, perception, consciousness and attention, learning, memory and imagination motivation, emotions.
Texts and readings	FISCHETTI F., Guida allo studio della Psicologia Generale, WIP Edizioni, Bari, 2002 PINELL, Psicobiologia, Edra, Milano, 2022; Persano La ricerca della Bellezza, Levante editori ; Camaioni Psicologia dello sviluppo, Il Mulino
Notes, additional materials	Lecture notes and ppt.
Repository	

Assessment	
Assessment methods	Oral Examination



<p>Assessment criteria</p>	<p>Knowledge and understanding: Knowledge of the theories of psychology and psychobiology as a science applied to motor and sports activities.</p> <p>Knowledge and understanding, applied: Main research methods and applications to the understanding and guidance of individual and group motor behaviors.</p> <p>Judgment autonomy: Ability to independently select knowledge and correlate it to the organization of motor behavior.</p> <p>Communication skills: Know how to expose analytically and critically.</p> <p>Ability to learn: to associate and recall information and content</p>
<p>Final exam and grading criteria</p>	<p>The student must demonstrate knowledge of the topics under study and have understood the issues related to them, as well as to have reached a level of knowledge to develop independently interpretative arguments</p> <p>1) Failure to pass the test: insufficient knowledge of the course contents, insufficient evaluation and reasoning skills, lack of basic knowledge.</p> <p>2) 18 to 21: sufficient or barely sufficient preparation; minimum knowledge of the institutions and of the problems tackled during the course; presence of minor gaps;</p> <p>3) 22 to 24: average preparation characterized by no particular deepening and by gaps that can be filled in the continuation of the overall training;</p> <p>4) 25 to 27: generally good preparation even if not particularly thorough; technical language and adequate expressive ability;</p> <p>5) 28 to 30: excellent or excellent preparation; precise and precise technical language and expressive ability;</p> <p>6) 30 e lode: preparation, technical language, expressive and argumentative skills of the highest level</p>
<p>Further information</p>	<p>.</p>