

General Information	Studies in NUTRITION SCIENCE FOR HUMAN HEALTH
Title of the subject	Internal medicine (module B)
Degree Course (class)	Nutrition Science for Human Health
ECTS credits	3
Compulsory attendance	No
Language	Italian

Subject Teacher		
Name and Surname	Nettis Eustachio	
email address	ambulatorio.allergologia@uniba.it	
Place and time of reception	Policlinic Hospital - P.zza G. Cesare 11 – Allergology and Immunology clinic - Morgagni pad, ground floor Every day by appointment	
ECTS credits details	Discipline sector (SSD)	Area
	Applied Dietary Technical Sciences (MED/49)	Affine

Study plan schedule	Year of study plan		Semester	
	second		first	
Time management	Lessons	Laboratory	Exercises	Total
CFU	3			3
Total hours	24			24
In-class study hours				
Out-of-class study hours	51			51

Syllabus	
Prerequisites / Requirements	Basic knowledge of Physiology, Biochemistry, Nutrigenomics.

Expected learning outcomes (according to Dublin descriptors)	
<i>Knowledge and understanding</i>	- The course aims to provide the knowledge needed to understand the main aspects of the importance of nutrition in dysmetabolic pathologies (eg: obesity, and dyslipidemia) and not (eg: cancer, dermatological diseases). Specific attention will also be paid to false myths and false beliefs about nutrition. Through the study of these issues, the student will be able to understand the correct dietary approach to the pathologies proposed in the course.
<i>Applying knowledge</i>	- The course, also through the presentation of clinical cases accompanied by laboratory investigations, in a comparative perspective, is aimed at providing tools for analyzing and evaluating the effects of proper nutrition in the course of metabolic and non-metabolic pathologies.
<i>Making informed judgments and choices</i>	- Through the study of different theoretical approaches and the critical evaluation of the clinical cases proposed, the student will be able to improve their judgment and proposal skills in relation

	to the analysis of patients suffering from metabolic and non-metabolic diseases.
<i>Communicating knowledge</i>	- The presentation of clinical cases, theoretical and application concepts on metabolic pathologies and will not be carried out in such a way as to allow the acquisition of the mastery of a technical language and of an adequate and specialized terminology; the development of communication skills, both oral and written, will also be stimulated through class discussion and through the final oral exam.
<i>Capacities to continue learning</i>	- Learning skills will be stimulated through power point presentations and classroom discussion also aimed at verifying the effective understanding of the topics covered. Learning skills will be stimulated through supplementary didactic supports (results of laboratory tests, simulations of clinical cases) in order to develop applicative skills.
Study Program	
Content	Lectures and presentations of clinical cases on the following topics: <ul style="list-style-type: none"> - Nutrition and obesity - Nutrition and cancer - Nutrition and skin - Dyslipidemias - False myths and beliefs about nutrition
Bibliography and textbooks	- C. Rugarli et al. "Medicina interna sistematica" VII ed. EDRA Masson
Notes to textbooks	
Teaching methods	- Lectures
Assessment methods	- Oral exam
Evaluation criteria	- At the end of the course, the student must be able to acquire the importance and frame the correct role of nutrition in internal pathologies.
Further information	